

# Nutrition Facts

4 servings per container

**Serving size** **25 (709g)**

**Amount Per Serving**

**Calories** **970**

**% Daily Value\***

**Total Fat** 41g **53%**

Saturated Fat 14g **70%**

*Trans* Fat 0g

**Cholesterol** 125mg **42%**

**Sodium** 7360mg **320%**

**Total Carbohydrate** 95g **35%**

Dietary Fiber 12g **43%**

Total Sugars 21g

Includes 0g Added Sugars **0%**

**Protein** 53g

Vitamin D 0mcg 0%

Calcium 110mg 8%

Iron 7.7mg 45%

Potassium 1610mg 35%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: COCONUT BLACK BEANS (BLACK BEANS, COCONUT MILK, PLANTAINS, YELLOW, FRIED, GARLIC, GINGER), GREEN RICE (RICE, CILANTRO, PARSLEY, CANOLA OIL, LIME JUICE), CHICKEN, JAMAICAN JERK SEASONING

CONTAINS: TREE NUTS (COCONUT)