

Nutrition Facts

4 servings per container

Serving size 15.75oz (447g)

Amount Per Serving

Calories 500

% Daily Value*

Total Fat 8g **10%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 3110mg **135%**

Total Carbohydrate 83g **30%**

Dietary Fiber 8g **29%**

Total Sugars 24g

Includes 17g Added Sugars **34%**

Protein 28g

Vitamin D 0mcg 0%

Calcium 640mg 50%

Iron 4.8mg 25%

Potassium 590mg 15%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: BEANS, SNAP, GREEN, FROZEN, TOFU (WATER, WHOLE SOYBEANS, NIGARI (SEA WATER EXTRACT), CALCIUM SULFATE), BASMATI RICE, TAMARI SOY SAUCE(GF), RED PEPPERS, GREEN PEPPERS, RED ONION, HONEY, RED PEPPER FLAKES

CONTAINS: SOY